



Supporting
students,
families and
our school
community



Frequently Asked Questions



Is support confidential?

Information is treated respectfully and confidentially within professional and legal guidelines.



Does support cost anything?

No. School wellbeing services are provided free of charge.



How can my child access support?

Families can:

- Speak with their child's teacher
- Contact Administration
- Contact a member of the Wellbeing Team



Can parents contact the team directly?

Absolutely. We welcome parent collaboration and communication.

Contact us



Email

Wellbeing@moggillss.eq.edu.au



Phone

07 3202 0444



In person

Visit the Peace Pod daily
from 8:30am

Meet our Wellbeing Team



Guidance Officer

The Guidance Officer supports students' educational, social and emotional wellbeing.

Areas of Support

- Learning and engagement
- Emotional wellbeing
- Building resilience
- Anxiety and stress management
- School transitions
- Behaviour support
- Peer relationships
- Educational assessments
- Inclusion and support planning

Social Worker & Chaplain

The Social Worker works collaboratively with students, families, school staff and community agencies to support wellbeing and positive outcomes for young people. Social Workers provide short-term, evidence-based support and family-focused interventions. The School Chaplain provides pastoral care.

Chaplains provide ongoing social/emotional and pastoral support.

Areas of Support

- Family changes and challenges
- Grief and loss
- Building resilience
- Friendship difficulties
- Bullying concerns
- Self-esteem and confidence
- Mental health support
- Parenting support
- Community referrals and advocacy

How We Can Help?

Students may benefit from support when they are experiencing:

- Anxiety or worries
- Friendship concerns
- Changes at home
- Difficulty regulating emotions
- Attendance concerns
- Low mood
- Transition challenges
- Social difficulties
- Grief and loss
- Bullying concerns

The Wellbeing Team can also help connect families with external services and community supports when additional assistance is needed.

Support for Families

We understand that parenting can be challenging at times. Our Wellbeing Team can assist families by:

- Providing consultation and guidance
- Sharing practical strategies
- Managing changes at home
- Linking families with local services
- Supporting communication between home and school
- Coordinating support where multiple services are involved

Building strong partnerships between families, school and community is an important part of the Wellbeing Team's roles.

How We Support Students



Tier 1: Whole School Wellbeing

- Positive school culture
- Student wellbeing initiatives
- Classroom wellbeing programs
- Inclusion and belonging activities



Tier 2: Targeted Support

- Small group programs
- Friendship groups
- Resilience programs
- Emotional regulation



Tier 3: Individual Support

- Student counselling
- Goal setting
- Risk assessment and safety planning
- Family support and referrals

Guidance Officers and Social Workers may provide assessments, counselling, crisis intervention, referrals and coordinated support for students with multiple or complex needs.

