

MOGGILL SS PE OUTLINE FOR TERM 4 2018

Year Level	TERM 4 OVERVIEW
PREP	<p>Gross Motor Program In this unit of work students will participate in locomotion skills, body-management skills and object control skills. Locomotion skills include running, hopping & skipping. Body Management skills include static balance, dynamic balance & jumping/landings. Object control skills include catching a small and large ball, bouncing with one and two hands and catching on the move.</p>
1	<p>Gross Motor Program In this unit of work students will participate in locomotion skills, body-management skills and object control skills. Locomotion skills include running, hopping & skipping. Body Management skills include static balance, dynamic balance & jumping/landings. Object control skills include catching a small and large ball, bouncing with one and two hands and catching on the move.</p> <p>Strategic Games In this unit of work students will participate in a number of team games. The focus in these games will include teamwork, using strategies and following rules.</p>
2	<p>Gross Motor Program In this unit of work students will participate in locomotion skills, body-management skills and object control skills. Locomotion skills include running, hopping & skipping. Body Management skills include static balance, dynamic balance & jumping/landings. Object control skills include catching a small and large ball, bouncing with one and two hands and catching on the move.</p> <p>Strategic Games In this unit of work students will participate in a number of team games. The focus in these games will include teamwork, using strategies and following rules.</p>
3	<p>Strategic Games In this unit of work students will participate in a number of team games. The focus in these games will include teamwork, using strategies and following rules.</p>
4	<p>Swimming In this unit of work students will participate in lessons that will focus on stroke development. The three strokes that will be taught are freestyle, backstroke & breaststroke. Students will also be participating in a number of survival skills including tows and treading water.</p> <p>Strategic Games In this unit of work students will participate in a number of team games. The focus in these games will include teamwork, using strategies and following rules.</p>

5	<p>Swimming In this unit of work students will participate in lessons that will focus on stroke development. The three strokes that will be taught are freestyle, backstroke & breaststroke. Students will also be participating in a number of survival skills including tows and treading water.</p> <p>Tennis In this unit of work students will participate in a number of skills including forehand, backhand, volley & serve. These skills will then be applied to a game situation.</p>
6	<p>Swimming In this unit of work students will participate in lessons that will focus on stroke development. The three strokes that will be taught are freestyle, backstroke & breaststroke. Students will also be participating in a number of survival skills including diving, tows and treading water.</p> <p>Tennis In this unit of work students will participate in a number of skills including forehand, backhand, volley & serve. These skills will then be applied to a game situation.</p>